



## TIPS FOR YOUNG LEARNERS

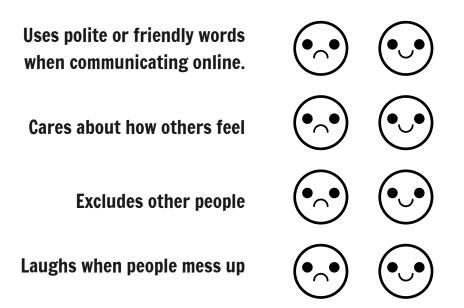
Cyberbullying is using technology to bully or upset someone else. This can include sending mean messages, embarrassing others online, spreading rumours online, excluding others online and much more! If you or someone you know is being cyberbullied, it is important to know what to do. Here are some helpful tips to stop cyberbullying:

- Don't take part in cyberbullying
- Talk to a trusted adult about it
- Report cyberbullying
- Only talk to people you know online
- Think before you post

## FUN ACTIVITIES FOR YOUNG LEARNERS

## **Cyber-Buddy or Cyber-Bully?**

Read each statement below. If it describes an action of a cyber-buddy, colour in the happy face, if it describes an action of a cyber-bully, colour in the sad face.













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